#### HAIR TRANSPLANT TURKEY

Especially in modern times, hair is like our identity. Thanks to the fashion and cosmetic industries, our hair styles reflect who we are. However, not everybody is that lucky. Some people face hair loss or a loss in the density of their hair. People, especially men, have hair loss at some point in their lives. Also, women complain about the weakness of their hair at some level. This condition makes people have low self-esteem. People who have hair loss generally refer to products in the stores that promise to eliminate hair loss. However, they are cosmetics, and they are not effective. Thanks to developments in plastic surgery, there is a solution to the problem: people can now have new, thicker, and fuller hair with hair transplant surgery. Successful results are achieved by supporting the operations performed by doctors who are experts in the field of hair transplantation in Turkey, supported by the latest technologies.

## What Is Hair Transplantation and How Is It Done?

Hair transplant surgery is a common operation world-wide. It has gained popularity in recent years thanks to Hollywood stars and celebrities who have had the operation. After receiving positive outcomes, people started to search for hair transplant clinics more. It is a technique that has been known for years, but recently, with advanced technology, it is easier and offers better and more enduring results.

Hair transplantation is basically a procedure where your own hair is applied to bald areas of your head. It has different techniques, but the main method is typically that your doctor takes the necessary number of hair follicles from your head in the healthy donor area and then, after collecting them, implants them into the bald area. It is a simple process that patients don't feel pain since it is performed under local anaesthesia.

## Why Hair Transplant in Turkey?

With its medical tourism success, Turkey is a rising star in the region. There are many reasons for her to gain that popularity. Turkey is popular not only for its beautiful weather and historical places, but also for its low operating costs and skilled surgeons. Turkey offers way more affordable services than the US, Canada, the UK and other European countries. The reason for the low prices is not low quality but a currency gap. The Turkish lira's value is lower than western currencies. Besides, living costs are not that expensive compared to western countries. As a result, Turkey has emerged as a key player in health tourism. Moreover, Turkey has a large army of medical staff and they are trained well thanks to qualified medical schools.

#### **Hair Transplant Methods**

Hair transplant methods are:

- <u>FUE hair transplant:</u> The donor region is shaved in the FUE hair transplantation technique to show individual follicular units. Micromotors are put into the areas that have been shaved utilizing very small holes and collect hair roots one by one while being anesthetized locally. The bald portions are subsequently planted using the collected roots.

- Sapphire FUE hair transplant: Sapphire FUE hair transplant is very similar to the FUE method. The difference is between Sapphire FUE and the FUE hair transplant that, in Sapphire technique sapphire tips are used.
- <u>DHI hair transplant:</u> When doing a DHI hair transplant, hair follicles are extracted from the donor area and inserted into the bald spots using a choi pen without opening any channels.
- <u>Unshaven hair transplant:</u> There is no need to completely shave the head prior to the procedure when using the unshaven hair transplanting technique. Patients do not have to cut off their long hair when having the procedure because only a little portion of the hair is trimmed at the neck.
- <u>Female hair transplant:</u> A female hair transplant is the only long-term treatment for female pattern hair loss. The FUE technique is used to do this hair transplant.
- <u>Eyebrow hair transplant:</u> The FUE method and the DHI method are the two methods used for brow transplants. The procedure takes about two hours, which is less time than a hair transplant.
- <u>Beard transplant:</u> The FUE transplant procedure is employed when performing beard transplant surgery.

## Who Is Fit For Hair Transplantation?

Hair transplantation is suitable for most of the population since it is a safe process when it is performed under proper conditions. There is no age limit for hair transplant surgery, however it is not recommended for those younger than 21 years old or older than 65 years old. In order to have a hair transplant operation, you must be a healthy person to eliminate any complications during or after the surgery. If you have hair loss and you have a healthy enough donor area, you could be a perfect candidate for hair transplantation.

#### **Pre-Hair Transplant Evaluation and Planning**

First of all, it is important that you and your doctor, who will perform your hair transplant surgery, discuss what kind of shape you want. Because the hair transplant procedure is irreversible, it is vital that your hairline is determined according to your needs and desires. Additionally, you need to tell your doctor about all of your health conditions beforehand. You will have a blood test before the operation in order to see whether you are ready for a hair transplant or not.

#### Things to Pay Attention

- To prevent any difficulties, the patient should fully disclose their medical history to the doctors.
- Smoking should be put to an end before the surgery.
- On the day of treatment, you should dress comfortably.
- You should stop using blood thinners before the operation.

# **Evaluation After Hair Transplantation**

There are things you should be careful about after hair transplant surgery. You need to use the pillow we provide you with while you are sleeping in order to protect your head. You should take your medications as your doctor has recommended and prescribed them for you. On the second day after the surgery, your first wash will be done at the clinic by our professionals, and you will be shown how to do it by yourself after you return home. You will be given the necessary shampoos and lotions to take care of your transplanted hair. There will be an evaluation process while you are still in Turkey, and your doctor will check your hair's status.

### **Hair Transplant Costs in Turkey**

For years, Esthetic Hair Turkey has offered hair transplant services at an incredibly low cost. In our all-inclusive packages, we provide complimentary accommodation at our five-star hotel and VIP transportation. Furthermore, the cost is the same no matter how many grafts you require. This is one of the most important factors influencing the cost of a hair transplant procedure. We perform hair transplants in our clinic using the FUE, DHI, Sapphire FUE, and unshaven procedures. Turkey has a large population of highly skilled medical professionals, which accounts for the low cost of hair transplants there. Additionally, the market is growing annually, which drives down prices. Additionally, everyone in Turkey has access to medical care, which makes it more affordable.

## **Frequently Asked Questions**

#### Is Turkey Good for Hair Transplants?

Turkey is a prominent country with its success in medical tourism. It has highly qualified doctors and many clinics that are controlled by the Ministry of Health regularly. Besides, hair transplants in Turkey are quite affordable. Turkey should be your first choice for hair transplant surgery.

### **How Much Do Turkish Hair Transplants Cost?**

The average cost of hair transplants in Istanbul is exceptionally low. There is severe competition and lower prices in Istanbul than in the US, the UK, and other developed nations due to the city's sizable market for hair transplant clinics.

### **How Much Do 3000 Hair Grafts Cost in Turkey?**

Hair transplant procedure is quite affordable compared to the UK, the US, Canada, and other European countries. Most of the clinics calculate the cost per graft. However, at Esthetic Hair Turkey, every procedure has a fixed price. Either you need 3000 or 5000 grafts, you will pay the same price.

#### **How Long Does a Turkey Hair Transplant Last?**

Due to advanced technology in Turkey, hair transplant results are life-long. But not every clinic offers enduring results, but you can enjoy your new hair for the rest of your life at Esthetic Hair Turkey.

### Can You Go Bald After a Hair Transplant?

Your transplanted hair will be with you for the rest of your life after a hair transplant. If your surgery is performed by a specialist doctor, you won't go bald after a hair transplant. There is

a point you should know that after the hair transplant, there will be shredding for a short time. This is quite normal. After shredding, your hair will grow again and continue to grow every day.

### Do Hair Transplants Go Grey?

Hair transplantation is a process where your hair follicles are extracted from the donor area and then transplanted to the recipient area. Since the implanted hair follicles are your own hair, your transplanted hair will also go gray when your natural hair goes gray.

#### Do You Need to Shave Your Head for a Hair Transplant?

Thanks to new technologies in science, there are different methods for hair transplantation for different needs. Such as the DHI, the FUE, and the unshaven hair transplant are among those. Some hair transplants require shaving, and some of them don't. People who want to keep their hair during the hair transplant process prefer unshaven hair transplant methods.

### What Is the Success Rate of Hair Transplants?

If it is performed by experienced specialists in a hospital environment, the success rate of hair transplants is 95%.. It is a safe and easy procedure, and patients mostly get good results. At Esthetic Hair Turkey, we guarantee full results that you can have in your life.

#### What Is the Recovery Time for a Hair Transplant?

A hair transplant is an easy procedure. But there is a timeline that should be passed to see the full results. You can go back to your normal life after a hair transplant as long as you remember to protect your head from the sun and trauma. After a couple of months, you will see that your new hair has started to grow. In six months, you will have grown hair. At the end of 12-15 months, you will see the results with a full and thick head of hair.

#### **How Painful Is a Hair Transplant?**

Hair transplant surgery is performed under local anaesthesia. Local anaesthesia allows you to eliminate pain during the operation. You may feel slight discomfort after the procedure has been completed. However, you can prevent it by using painkillers that your doctor prescribes for you.

#### **How Can I Sleep After a Hair Transplant?**

A hair transplant is a safe procedure. On the other hand, there are a few things that you need to be careful about. Especially after the surgery, it is extremely important to guard your transplanted area. During the day and night, you should be careful. In view of the possibility of harming your head, in order to protect it, you should use special pillows that our clinic provides you with, which lift your neck and head.

# **How Much Does Hair Grow After Six Month Hair Transplant?**

The timeline to see the results of the hair transplant is not too long, but not too short either. If your transplant is conducted by talented surgeons, you will see that your hair starts to grow

in a couple of months. In six months, there will be a significant difference you will see when you look at your old photographs. Your hair will half reach your hair in the healthy donor area.

### **Does Transplanted Hair Get Thicker?**

Yes. When you have a hair transplant, you will get healthier, thicker, longer, and fuller hair.

#### Does Hair Regrow in the Donor Area?

Yes. There are various techniques for hair transplants. Some of them are old technology. For example, the FUT (Follicular Unit Transplant) method is an outdated method that will cause scarring after the hair transplant since a thin layer of flesh has been extracted for the hair follicles. So there is a possibility that not all hair will regrow after the FUT technique. On the other hand, new technologies such as DHI (Direct Hair Implantation), FUE (Follicular Unit Extraction), and Sapphire FUE methods do not leave any marks after the procedure, and your hair in the donor area can fully regrow. It is possible to say that no one can understand that you had a hair transplant operation when they look at the back of your head.